

Weekly Clean Schedule

MONDAY

Clean bathroom and toilet
Wash bath mats and toilet mats



SATURDAY

- Wash sheets and any other clothing that you didn't have time for on Friday
- Vacuum quickly
- Open windows and spray some natural air freshener around the house

FRIDAY

Wash all clothes, if not at least get school and work clothes out of the way
Strip bedding that needs to be washed this week and replace with fresh ones



TUESDAY

- Microwave and quick wipe down of oven
- Clean the clutter (ie. mail etc) from your bench top and any other areas that you tend to leave things that aren't in their place

WEDNESDAY

A quick mid week tidy up of each room
Thoroughly vacuum each room



THURSDAY

- Empty rubbish from fridge & pantry
- Wipe out your fridge and pantry
- Empty the bins around the house
- Mop your floors

EVERYDAY

- Clean your Kitchen everyday
- Set aside just 5 minutes each day to run around and tidy as much clutter as you can in that time before you relax after your day