

# Weekly Clean Schedule

## MONDAY

- Clean bathroom and toilet
- Wash bath mats and toilet mats



## THURSDAY

- Empty rubbish from fridge & pantry
- Wipe out your fridge and pantry
- Empty the bins around the house
- Mop your floors

## TUESDAY

- Microwave and quick wipe down of oven
- Clean the clutter (ie. mail etc) from your bench top and any other areas that you tend to leave things that aren't in their place



## FRIDAY

- Wash all clothes, if not at least get school and work clothes out of the way
- Strip bedding that needs to be washed this week and replace with fresh ones

## WEDNESDAY

- A quick mid week tidy up of each room
- Thoroughly vacuum each room



## SATURDAY

- Wash sheets and any other clothing that you didn't have time for on Friday
- Vacuum quickly
- Open windows and spray some natural air freshener around the house

## EVERYDAY

- Clean your Kitchen everyday
- Set aside just 5 minutes each day to run around and tidy as much clutter as you can in that time before you relax after your day