



Morning Routine Chart



Name: _____



Go to the toilet

MON

TUE

WED

THU

FRI

SAT

SUN



Have breakfast



Brush teeth & wash face



Shower



Get dressed



Put on shoes & socks



Do your hair



Pack lunch & homework into bag



Morning chores

Morning Chores

- _____
- _____
- _____
- _____
- _____
- _____

Important Extras:

- _____
- _____
- _____
- _____



Afternoon Routine Chart



Name: _____

MON

TUE

WED

THU

FRI

SAT

SUN



Unpack lunch box, hang bag up & put shoes away

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Put homework on the table

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Grab a snack & have _____ minutes of chill out time

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Homework & Home Reading

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Play outside for _____ minutes

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Afternoon chores

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Shower, get dressed & brush hair

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Set the table, eat your dinner

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Night chores

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Brush teeth, toilet, grab a drink & head to bed

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Afternoon Chores

- _____
- _____
- _____
- _____
- _____
- _____

Night Chores:

- _____
- _____
- _____
- _____